



3

Planeta

Medio

DIRECCIONES DE INTERNET ACTUALIZADAS

Septiembre 2013

TICHING	WEBS
http://www.tiching.com/3992	http://www2.gobiernodecanarias.org/educacion/17/WebC/eltanque/cm6/cuerpo/mu-scuerpo.html
http://www.tiching.com/4001	http://www.cajastur.es/clubdoblea/diviertete/juegos/elcuerpohumano.html
http://www.tiching.com/65052	http://www.youtube.com/watch?v=Rn5vwgnbkBw
http://www.tiching.com/65064	http://www.youtube.com/watch?v=9MrIleyYXug&feature=related
http://www.tiching.com/65082	http://www.youtube.com/watch?v=KYpp67mBZqY
http://www.tiching.com/65118	http://www.youtube.com/watch?v=7qtDEmV6V1Y
http://www.tiching.com/65472	http://3.bp.blogspot.com/-GIhlyzQ5khl/TcF5tuhVtel/AAAAAAAAAdQ/jmCXC-L__Zl/s1600/esque1.gif
http://www.tiching.com/65486	http://cplosangeles.juntaextremadura.net/web/cmedio3/nuestrocuerpo/indice.htm
http://www.tiching.com/73406	http://www.omerique.net/polavide/rec_polavide0708/aplicaciones%20polavide%200708/proyecto%20JClic%200708/ef_luismi/index.htm
http://www.tiching.com/76101	http://www.educima.com/manualidades-marionetas-kr500.html

TICHING	WEBS
http://www.tiching.com/9129	http://www.tudiscoverykids.com/juegos/doki-y-los-alimentos/
http://www.tiching.com/64302	http://www.youtube.com/watch?v=Z4pWzPpmy7g
http://www.tiching.com/64320	http://www.youtube.com/watch?v=9UOtcVtc3dM&feature=results_main&playnext=1&list=PL012A77A576D72DF8
http://www.tiching.com/64962	http://www.kidshealth.org/kid/
http://www.tiching.com/64984	http://ntic.educacion.es/w3/eos/MaterialesEducativos/mem/cuidacuerpo/principal.htm
http://www.tiching.com/64985	http://clic.xtec.cat/db/act_es.jsp?id=3162
http://www.tiching.com/71369	https://sites.google.com/site/experimentossencillos/cuerpo-humano/alimentacion/grasas
http://www.tiching.com/76115	http://www.botanical-online.com/medicinalesalimentoscongrasa.htm

TICHING	WEBS
http://www.tiching.com/5191	http://www2.gobiernodecanarias.org/educacion/17/WebC/eltanque/lossentidos/olfato/olfato_p.html
http://www.tiching.com/5193	http://www2.gobiernodecanarias.org/educacion/17/WebC/eltanque/lossentidos/tacto/tacto_p.html
http://www.tiching.com/10339	http://www.juntadeandalucia.es/averroes/carambolo/WEB%20JCLIC2/Agrega/Medio/El%20cuerpo%20humano/Los%20sentidos/contenido/cm008_oa02_es/index.html
http://www.tiching.com/46658	http://www.juntadeandalucia.es/averroes/sanwalabonso/muralweb/sentidos/mural.htm
http://www.tiching.com/65629	http://www.youtube.com/watch?v=Aa6i5aglzwI
http://www.tiching.com/65630	https://www.youtube.com/watch?v=j3S3ouYRs5s
http://www.tiching.com/65670	http://www.juntadeandalucia.es/averroes/~cepco3/escuelatic2.0/MATERIAL/FLASH/Conocimiento%20del%20Medio/los%20sabores.swf
http://www.tiching.com/65673	http://www.cucurrucu.com/tangram-e-ilusiones-pticas/index.html
http://www.tiching.com/65676	http://www.juntadeandalucia.es/averroes/carambolo/WEB%20JCLIC2/Agrega/Medio/El%20cuerpo%20humano/Los%20sentidos/contenido/cm008_oa01_es/index.html
http://www.tiching.com/65680	http://www.clarionweb.es/3_curso/c_medio/cm303/cm_303.htm
http://www.tiching.com/71375	http://lapsicopedagoga.files.wordpress.com/2011/11/abecedario.jpg
http://www.tiching.com/71770	http://tinglado.net/?id=el-oido
http://www.tiching.com/76149	http://www.suite101.net/news/sabor-umami-el-quinto-sabor-del-siglo-xxi-a77425

TICHING	WEBS
http://www.tiching.com/5390	http://www.juntadeandalucia.es/averroes/recursos_informaticos/proyectos2004/la_tierra/invertebrados/indexinvertebrados.html
http://www.tiching.com/8684	http://www.juntadeandalucia.es/averroes/ceip_san_rafael/INVERTEBRADOS/index.htm
http://www.tiching.com/63136	http://www.youtube.com/watch?v=Zu_vYfj3glk
http://www.tiching.com/63606	http://www.youtube.com/watch?v=WKVvhEx3TC0&feature=related
http://www.tiching.com/63658	http://www.youtube.com/watch?v=DjEy-lf1xRk
http://www.tiching.com/63659	http://www.zonadiet.com/comida/queso.htm
http://www.tiching.com/63661	http://www.youtube.com/watch?v=-5e0BKrXGpA
http://www.tiching.com/63662	http://www.youtube.com/watch?v=NHsXcg2n0W4&feature=related
http://www.tiching.com/63664	http://www.youtube.com/watch?v=IUPbhTr-0r4
http://www.tiching.com/63674	http://www.practicopedia.com/como-hacer-un-hormiguero-casero-2860
http://www.tiching.com/63681	http://clic.xtec.cat/db/act_es.jsp?id=3143
http://www.tiching.com/63686	http://clic.xtec.cat/db/act_es.jsp?id=3283
http://www.tiching.com/64015	http://www.slideshare.net/Isabelbis/clasificacin-de-animales-5983064
http://www.tiching.com/67300	http://www.gusanosdeseda.com
http://www.tiching.com/76400	http://www.youtube.com/watch?v=bmat3R87dIY&feature=related

TICHING	WEBS
http://www.tiching.com/12390	http://www.genmagic.net/educa/mod/resource/view.php?inpopup=true&id=210
http://www.tiching.com/65840	http://www.youtube.com/watch?v=RjnKAWxCK3k
http://www.tiching.com/66719	http://verduras.consumer.es/documentos/hortalizas/judias/intro.php
http://www.tiching.com/66726	http://www.picotastv.com/
http://www.tiching.com/66735	http://www.youtube.com/watch?v=-rBgDrEkNuA
http://www.tiching.com/66790	https://www.youtube.com/watch?v=klU7kSOGxOs
http://www.tiching.com/66820	http://clic.xtec.cat/db/act_es.jsp?id=1056
http://www.tiching.com/66830	http://1.bp.blogspot.com/_1Kyzxu0BTkI/TDmfQKYVYZI/AAAAAAAAABE/GLpVjrJAJqM/s1600/foto.gif
http://www.tiching.com/73461	http://clic.xtec.cat/db/act_es.jsp?id=3146
http://www.tiching.com/76452	http://www.lasmanualidades.com/tag/hojas-secas

TICHING	WEBS
http://www.tiching.com/1121	http://www.wikisaber.es/Contenidos/LObjects/save_water_home/index.html
http://www.tiching.com/8469	http://www.imta.gob.mx/educacion-ambiental/aprende/interface.html
http://www.tiching.com/8477	http://www.chimpon.es/2011/01/el-ciclo-del-agua/
http://www.tiching.com/79522	http://www.youtube.com/watch?v=lgPeQGT0NZQ
http://www.tiching.com/79531	http://www.youtube.com/watch?v=SS00-Kl8cMU
http://www.tiching.com/79576	http://farm3.staticflickr.com/2485/4118096074_fa6f7a272e_z.jpg?zz=1
http://www.tiching.com/79874	http://www.curiosikid.com/view/index.asp?pageMs=5803&ms=158
http://www.tiching.com/79884	http://www.youtube.com/watch?v=9AhcLY2dlhg
http://www.tiching.com/79900	http://www.skool.es/content/los/chemistry/water_change_state/launch.html
http://www.tiching.com/79905	http://www.juntadeandalucia.es/averroes/carambolo/WEB%20JCLIC2/Agrega/Medio/Agua/EI%20agua/contenido/index.html

TICHING	WEBS
http://www.tiching.com/7828	http://www.gobiernodecanarias.org/medusa/agrega/visualizar/es/es-ic_2010051012_9122003/false
http://www.tiching.com/73450	http://www.youtube.com/watch?v=kdHbw9s7hGY
http://www.tiching.com/73451	http://www.artinstructionblog.com/landscape-drawing-tutorial-how-to-draw-skies-and-clouds
http://www.tiching.com/73452	http://www.colorearjunior.com/dibujos-para-colorear-de-paisajes-naturales.html
http://www.tiching.com/73454	http://www.youtube.com/watch?v=bPltLpvpNv0
http://www.tiching.com/73455	http://www.journeyetc.com/wp-content/uploads/2010/08/million-dollar-road.jpg
http://www.tiching.com/73457	http://www.youtube.com/watch?v=FfZMBvVLcOw&feature=related
http://www.tiching.com/73458	http://www.youtube.com/watch?v=ZGd1fcMY2HM&feature=fvwrel
http://www.tiching.com/73577	http://www.youtube.com/watch?v=nf5gNTEp5CI&feature=related
http://www.tiching.com/73700	http://www.youtube.com/watch?v=Pm2DBpm-xZ4&feature=related
http://www.tiching.com/73710	http://www.youtube.com/watch?v=OeRiQx8VTgl&feature=related
http://www.tiching.com/73717	http://www.flickr.com/photos/rafa2010/2659100409/
http://www.tiching.com/73718	http://www.juntadeandalucia.es/medioambiente/servtc5/ventana/img/fotos/PN_Sierra_de_Grazalema/A_Galeria_Descriptiva/DESCRIPTIVA.jpg
http://www.tiching.com/73719	http://es.wikipedia.org/wiki/Archivo:Costa_Rica_Playa_Tamarindo_and_Rivermouth_2007_Aerial_Photograph_Tamarindowiki_01.JPG
http://www.tiching.com/73720	http://www.lacasinadeabo.net/entorno/protegido/Vista.jpg
http://www.tiching.com/73721	http://tierrasbandoleras.files.wordpress.com/2010/11/meandro-del-rio-genil.jpg
http://www.tiching.com/73722	http://unpaseomanchego.blogspot.com/2011/01/mora-toledo.html
http://www.tiching.com/73723	http://static.panoramio.com/photos/original/3701354.jpg
http://www.tiching.com/76891	http://fondosdepaisajes.com/wp-content/uploads/2011/05/lago-montana-nevada.jpg
http://www.tiching.com/76898	http://pher.ch/photos/landscapes/newzealand/slides/Akaora%20Landscape%20near%20Christchurch,%20South%20Island.html
http://www.tiching.com/76902	http://rollingboxes.deviantart.com/art/Landscape-drawing-208316422
http://www.tiching.com/76908	http://astro.unl.edu/classaction/animations/coordsmotion/sunmotions.html

TICHING	WEBS
http://www.tiching.com/78288	http://www.themeparkbrochures.net/maps/2001/sfmm2001.html
http://www.tiching.com/78289	http://es.imagixs.com/dibujos-de-mapas-del-tesoro-para-colorear/
http://www.tiching.com/80183	http://cvc.cervantes.es/actcult/paisajes/default.htm
http://www.tiching.com/80184	http://www.zeusbox.com/view-clouds_grass_mountains_nature_sky_trees_village_wallpaper_e162011-1920x1080.html
http://www.tiching.com/80187	http://arroyo.dip-badajoz.es/pub/documentos/documentos_plano2_4f7bcadf.jpg
http://www.tiching.com/80188	http://www.documentaciongranada.org/media/fotos/05.039.png
http://www.tiching.com/80194	http://www.asturiasenimagenes.com/map_plano_gijon_big.html
http://www.tiching.com/80199	http://retallsdhistoria.files.wordpress.com/2011/11/mapa-fisico.jpg
http://www.tiching.com/80209	http://daniellemeloart.storenvy.com/products/288267-journey-framed-original-charcoal-landscape-drawing-8-x10
http://www.tiching.com/80221	http://www.vmapas.com/Mapa_Fisico_Relieve_Mundo_2007_CIA.jpg/maps-es.html
http://www.tiching.com/80385	http://contenidos.educarex.es/sama/2010/csociales_geografia_historia/primeroeso/tema5/mapa_fisico_europa.html
http://www.tiching.com/80386	http://carmenugol.wordpress.com/2012/02/27/mapa-politico-europa/
http://www.tiching.com/80388	http://geopress.educa.aragon.es/Mapas_mudos/politicos/Mapa_Espana_polit.jpg
http://www.tiching.com/80413	http://234daily.com/2013/04/16-of-the-most-beautiful-villages-around-the-world/

TICHING	WEBS
http://www.tiching.com/2328	http://encicloabierta.org/node/339
http://www.tiching.com/26036	http://videotecaeducativa.blogspot.com.es/2009/11/educacion-vial-en-primaria.html
http://www.tiching.com/26802	http://www.educa.jcyl.es/zonaalumnos/en/recursos/aplicaciones-infinity/aplicaciones/educacion-vial
http://www.tiching.com/32009	http://www.youtube.com/watch?v=BFwapkFLrec&feature=related
http://www.tiching.com/32012	http://www.youtube.com/watch?v=a2OWa5s2KO4
http://www.tiching.com/36774	http://www.youtube.com/watch?v=rkh8-88RtYc
http://www.tiching.com/53966	http://ninosyseseguridadvial.com/test_seguridad_vial/bicicletas-y-patines/
http://www.tiching.com/80845	http://www.youtube.com/watch?v=kW9P43r1ir8&feature=related
http://www.tiching.com/80846	http://www.youtube.com/watch?v=hJC-jnqpWZw
http://www.tiching.com/81599	http://isopixel.net/wp-content/uploads/2012/02/maqueta-villa-morelos-pag-8-a.jpg
http://www.tiching.com/82381	http://www.hotelerasanrafael.cl/plano.htm
http://www.tiching.com/82385	http://www.otelesbaratos.com/madrid/plano-de-metro-de-madrid.gif
http://www.tiching.com/82452	http://upload.wikimedia.org/wikipedia/commons/7/7b/Bagolino_village.jpg

TICHING	WEBS
http://www.tiching.com/36369	http://www.youtube.com/watch?v=Y5KANxezP4A
http://www.tiching.com/43164	http://ntic.educacion.es/w3//recursos/infantil/transversales/conoces_senales/index.html
http://www.tiching.com/50593	http://www.enredate.org/cas/juegos/mueve_ficha
http://www.tiching.com/50623	http://www.enredate.org/cas/juegos/el_album_de_los_derechos
http://www.tiching.com/82813	http://www.youtube.com/watch?v=ai4XLzuzTLc
http://www.tiching.com/82814	http://2.bp.blogspot.com/_IO-4xdGaHJU/TKuQ_F3cJAI/AAAAAAAAABeQ/Zo0OWUvSfa8/s1600/compartir+las+tareas+domÃ©sticas.jpg
http://www.tiching.com/82831	http://sheri-edsoci.blogspot.com.es/2009/11/homework-debate.html
http://www.tiching.com/82832	http://environmentsofgrace.com/wp-content/uploads/2011/03/Connor-Chores-1-of-1.jpg
http://www.tiching.com/82833	http://yaestamosenquintob.blogspot.com.es/2011/10/normas-de-convivencia-en-la-clase.html
http://www.tiching.com/82834	http://1.bp.blogspot.com/_rH0r-LRa3xs/TMabrUSELxl/AAAAAAAAAIs/9XoJyT3crIE/s1600/no+gritar.jpg
http://www.tiching.com/82836	http://colegioginerdelosriosmaracena.blogspot.com.es/2010/09/normas-generales-para-el-comedor-y.html
http://www.tiching.com/82838	http://www.ayto-cartagena.es/archivos/138-94596-IMP_FOTO/PlenoOrdinario-6706.jpg
http://www.tiching.com/82845	http://www.youtube.com/watch?v=sGUWhHaNsko
http://www.tiching.com/82846	http://www.youtube.com/watch?v=VX-Oh_ukbgU
http://www.tiching.com/82849	http://www.econuez.org/wp-content/uploads/2012/04/Asamblea-EcoRedArag%C3%B3n.jpg
http://www.tiching.com/82850	http://3.bp.blogspot.com/_IUdy8nRc4ZQ/TDo8DBJK_pl/AAAAAAAAAAro/w6UNWunmH4A/s1600/discutir.png
http://www.tiching.com/82977	http://mafalditaeneljardin.blogspot.com.es/2011/02/reglas-de-convivencia-de-mafalda.html
http://www.tiching.com/83023	http://www.jugarycolorear.com/2009/11/derechos-del-nino-para-colorear.html

TICHING	WEBS
http://www.tiching.com/82536	http://www.youtube.com/watch?v=JMUmSjZAPkw&feature=related
http://www.tiching.com/82537	http://www.youtube.com/watch?v=0gITBy-N6X0&feature=related
http://www.tiching.com/82538	http://www.youtube.com/watch?v=BwRhiyD60Qg&feature=related
http://www.tiching.com/82539	http://www.youtube.com/watch?v=g2UICYiDoXk&feature=related
http://www.tiching.com/82542	http://www.youtube.com/watch?v=ybHSYraQwYo&feature=endscreen
http://www.tiching.com/82544	http://www.youtube.com/watch?v=O5yZZMXNC4o&feature=related
http://www.tiching.com/82543	http://www.youtube.com/watch?v=FDOfcZWcv98&feature=related
http://www.tiching.com/82545	http://www.youtube.com/watch?v=hYmY_p4kOkA&feature=relmfu
http://www.tiching.com/82546	http://www.youtube.com/watch?v=3L4FzxtSCj0
http://www.tiching.com/82548	http://www.youtube.com/watch?v=QQIBvgS9BCA&feature=relmfu
http://www.tiching.com/82540	http://www.youtube.com/watch?v=OXmVPcBZ6-s&feature=related
http://www.tiching.com/82541	http://www.youtube.com/watch?v=hK3ag2882W8&feature=related
http://www.tiching.com/82549	http://www.youtube.com/watch?v=eHFqNH0p_20
http://www.tiching.com/82550	http://www.youtube.com/watch?v=UffbNItDd24
http://www.tiching.com/82596	http://www.juntadeandalucia.es/averroes/recursos_informaticos/proyectos2003/apoyo_cm/act_pob/activ/trab1.htm
http://www.tiching.com/82598	http://cplosangeles.juntaextremadura.net/web/edilim/curso_3/cmedio/los_trabajos_3/agricultura/agricultura.html
http://www.tiching.com/82599	http://cplosangeles.juntaextremadura.net/web/edilim/curso_3/cmedio/los_trabajos_3/ganaderia/ganaderia.html

TICHING	WEBS
http://www.tiching.com/1397	http://contenidos.proyectoagrega.es/visualizador-1
http://www.tiching.com/83373	http://www.youtube.com/watch?v=EKplZzEPPIY
http://www.tiching.com/83374	http://www.youtube.com/watch?v=YqBmcjiXloc&feature=related
http://www.tiching.com/83375	http://www.youtube.com/watch?v=wL_iLktUT4o
http://www.tiching.com/83376	http://web.educastur.princast.es/ies/stabarla/paginas/web_administracion/imagen/chequep.jpg
http://www.tiching.com/83377	http://www.youtube.com/watch?v=4xfgsub7VWA
http://www.tiching.com/83378	http://www.youtube.com/watch?v=5KDmNzCnhHI
http://www.tiching.com/83379	http://www.youtube.com/watch?v=EZmStSieTJE&feature=related
http://www.tiching.com/83380	http://www.youtube.com/watch?v=qcryVzM2w-U
http://www.tiching.com/83381	http://www.youtube.com/watch?v=eNbSr3ALAbg&feature=related
http://www.tiching.com/83382	http://www.youtube.com/watch?v=isxfYBSh2q4
http://www.tiching.com/83383	http://www.youtube.com/watch?v=57KGak-B_LA&feature=fwwrel
http://www.tiching.com/83384	http://www.youtube.com/watch?v=yrHOWZQ300k&NR=1&feature=endscreen

TICHING	WEBS
http://www.tiching.com/3759	http://ntic.educacion.es/w3//recursos2/cuentos2/index.html
http://www.tiching.com/37394	http://www.conceptcolors.es/conceptplus/images/stories/aranda2b.jpg
http://www.tiching.com/83255	http://www.youtube.com/watch?v=VdoX3YjWrjM
http://www.tiching.com/83280	http://www.onyamagazine.com/wp-content/uploads/2010/02/birthday-parties.jpg
http://www.tiching.com/83282	http://leyendasehistoriasdeespana.blogspot.com.es/
http://www.tiching.com/83458	http://www.youtube.com/watch?v=sFpvMwvB1Uc
http://www.tiching.com/83461	http://www.youtube.com/watch?v=N8_Nb_nYDcY
http://www.tiching.com/83467	http://www.youtube.com/watch?v=-zugp7yQus0
http://www.tiching.com/83468	http://www.youtube.com/watch?v=GL9WxyxHSZo
http://www.tiching.com/83486	http://wellnessonless.com/wp-content/uploads/2012/04/ReadingTogether.jpg
http://www.tiching.com/84458	http://www.youtube.com/watch?v=IXaVZI-Ug70&feature=relmfu
http://www.tiching.com/84466	http://www.youtube.com/watch?v=Qn17Crpcsc&feature=relmfu
http://www.tiching.com/84474	http://3.bp.blogspot.com/-31zdL_jIOSg/TgX3eQzQLYI/AAAAAAAAADsU/KkAomT_ZjOc/s1600/DSCN8429.jpg

TICHING	WEBS
http://www.tiching.com/81118	http://www.youtube.com/watch?v=XtoRYmKRwIE&feature=related
http://www.tiching.com/81122	http://4.bp.blogspot.com/_gxda3x40NcU/TMBYn6XG-wI/AAAAAAAAABI/iow1gmOHwyU/s1600/eje+cronologico.jpg
http://www.tiching.com/81125	http://www.tutiempo.net/luna/fases.htm
http://www.tiching.com/81128	http://redescolar.ilce.edu.mx/redescolar/act_permanentes/historia/histdeltiempo/pasado/tiempo/p_calend.htm
http://www.tiching.com/81131	http://www.youtube.com/watch?v=_AESnzETSq8
http://www.tiching.com/81132	http://www.youtube.com/watch?v=pU-HUT-IBZ0&feature=related
http://www.tiching.com/81133	http://www.youtube.com/watch?v=MMk_FpIP2d0&feature=related
http://www.tiching.com/81134	http://www.romansalickiphotography.com/product/images/Old%20Things.jpg
http://www.tiching.com/81136	http://www.youtube.com/watch?v=GBnGgYJWliw&feature=related
http://www.tiching.com/81137	http://www.youtube.com/watch?v=ploh34OArH4
http://www.tiching.com/81139	http://www.youtube.com/watch?v=NhlxTuBEi3Q
http://www.tiching.com/81140	http://www.youtube.com/watch?v=s3bNr5Zuc-E
http://www.tiching.com/81141	http://www.youtube.com/watch?v=fq9uX4A0BAI&feature=related
http://www.tiching.com/81142	http://www.youtube.com/watch?v=tY8497681I0
http://www.tiching.com/82560	http://cplosangeles.juntaextremadura.net/web/edilim/curso_3/cmmedio/el_pasado_3/el_pasado/el_pasado.html
http://www.tiching.com/82561	http://www.omerique.net/polavide/historialocal/index.html

TICHING	WEBS
http://www.tiching.com/84221	http://mapasinteractivos.didactalia.net/comunidad/mapasflashinteractivos/recurso/Provincias-de-Castilla-y-Leon-Puzzle/c5a6a8ab-aadb-4b86-bc23-c92533f61b91
http://www.tiching.com/84225	http://mapasinteractivos.didactalia.net/comunidad/mapasflashinteractivos/recurso/Provincias-de-Castilla-y-Leon-Como-se-llama/cb888c58-9cf1-44ca-949f-137ce522b081
http://www.tiching.com/84475	http://www.youtube.com/watch?v=Sd8ZzCoRAmE&feature=related
http://www.tiching.com/84478	http://upload.wikimedia.org/wikipedia/commons/6/68/Bandera_Castilla_y_Leon.png
http://www.tiching.com/84486	http://www.youtube.com/watch?v=Soqhu0GmFNU
http://www.tiching.com/84489	http://www.youtube.com/watch?v=vsxx7xtSq90
http://www.tiching.com/84526	http://www.youtube.com/watch?v=ds1_hlOHc9Y&feature=related
http://www.tiching.com/84548	http://floradecastillayleon.files.wordpress.com/2011/03/2798204.jpg
http://www.tiching.com/84554	http://www.youtube.com/watch?v=jdQK7NUg15Y
http://www.tiching.com/84558	http://www.youtube.com/watch?v=EPK87bLyM0c&feature=relmfu
http://www.tiching.com/84559	http://www.youtube.com/watch?v=ERUqHCE16mc